

## BAKERY

|  |         |
|--|---------|
| <b>Butter Croissant</b>                          | \$ 3.50 |
| Fruit preserves                                  |         |
| <b>Chocolate Croissant</b>                       | \$ 4.50 |
| Freshly baked in house                           |         |
| <b>Old Fashioned Buttermilk Biscuit</b>          | \$ 2.50 |
| Fruit preserves + butter                         |         |
| <b>Daily Muffin</b>                              | \$ 2.50 |
| Sarah's daily creation                           |         |
| <b>Mom's Coffee Cake</b>                         | \$ 5.50 |
| Traditional breakfast cake with crumbly streusel |         |

## COCKTAILS

|                               |          |
|-------------------------------|----------|
| <b>Blood Mary</b>             | \$ 10.00 |
| <b>Prosecco Mimosa</b>        | \$ 10.00 |
| <b>Maple Bourbon Smash</b>    | \$ 10.00 |
| <b>Blood Orange Margarita</b> | \$ 10.00 |
| <b>Aperol Spritz</b>          | \$ 10.00 |
| <b>Tom Collins</b>            | \$ 10.00 |

## SANDWICHES & SALADS

|  |          |
|--|----------|
| <b>VA Ham Biscuit</b>                                | \$ 12.00 |
| Fig - bacon jam - lightly tossed greens              |          |
| <b>Chicken Salad Croissant</b>                       | \$ 12.00 |
| Dressed with fresh herbs - lightly tossed greens     |          |
| <b>Oak Grilled Cafe Burger</b>                       | \$ 14.00 |
| Dry aged roseda beef - focaccia or seeded bun        |          |
| <b>Seasonal Lettuces</b>                             | \$ 12.00 |
| Local lettuce - seasonal vegetables - EVO & Saba     |          |
| <b>Kale - Pear Salad</b>                             | \$ 13.00 |
| Walnuts, gorgonzola, fennel, pomegranate vinaigrette |          |
| <b>Breakfast Biscuits and Fruit Salad</b>            | \$ 10.00 |
| Egg and cheddar                                      |          |
| Add: bacon, sausage, mushroom or ham                 |          |

## SIDES

|   |          |
|---|----------|
| <b>Crispy Bacon (3)</b>                 | \$ 5.50  |
| <b>House Made Breakfast Sausage</b>     | \$ 5.50  |
| <b>Fresh Fruit</b>                      | \$ 8.00  |
| <b>Wilted Kale and Tomatoes</b>         | \$ 5.00  |
| <b>Home Fried Potatoes</b>              | \$ 4.00  |
| <b>2 Eggs Any Style</b>                 | \$ 6.00  |
| <b>Breakfast Tacos and Fruit Salad</b>  | \$ 10.00 |
| Egg and cheddar and pico de gallo       |          |
| Add: pork, brisket, chicken or mushroom |          |

## BRUNCH PLATES

|   |          |   |          |
|---|----------|---|----------|
| <b>Shrimp and Grits</b>                               | \$ 18.00 | <b>Biscuits and Sausage Gravy</b>                           | \$ 14.00 |
| Wood grilled shrimp - creamy grits - maple syrup      |          | Gravy made with our housemade sausage + grilled apple       |          |
| <b>Focaccia French Toast</b>                          | \$ 14.00 | <b>Eggs any Style</b>                                       | \$ 12.00 |
| Bourbon syrup - fresh berries - pecan butter          |          | Grilled Focaccia - Home Fries - Fresh Fruit                 |          |
| <b>Chicken and Waffles</b>                            | \$ 17.00 | <b>Exchange Cafe Benedict</b>                               | \$ 16.00 |
| Fried chicken thigh - buttermilk waffle - maple syrup |          | Poached eggs - focaccia - rosemary ham - tomato hollandaise |          |

## Grilled Steak, Fish or Crab and Eggs

Choose either oak grilled strip loin of beef, our regional sourced fish selection or 2 Virginia crab cakes.  
served with 2 eggs any style and lightly tossed lettuce greens

\$ 24.00



## STARTERS

|  |       |
|--|-------|
| <b>Salumi Platter</b>                    | \$ 18 |
| Almonds, Olives, Focaccia                |       |
| <b>Hummus Platter</b>                    | \$ 14 |
| Vegetables, Olive Oil, Focaccia          |       |
| <b>Fried Potatoes "Bravas"</b>           | \$ 10 |
| Spicy Bravas Sauce, Manchego Aioli       |       |
| <b>Artisan Cheese Platter</b>            | \$ 20 |
| hard, Soft & Blue. Fig Mustard, Focaccia |       |

## COCKTAILS

|                         |          |
|-------------------------|----------|
| <b>Pineapple Mojito</b> | \$ 10.00 |
| <b>Negroni</b>          | \$ 10.00 |
| <b>Old Fashioned</b>    | \$ 10.00 |
| <b>Paloma</b>           | \$ 10.00 |
| <b>Aperol Spritz</b>    | \$ 10.00 |
| <b>Virginia Mule</b>    | \$ 10.00 |

## SOUPS & SALADS

|  |             |            |
|--|-------------|------------|
| <b>Soul Healing Chicken Soup</b>                     | <b>Bowl</b> | \$ 15      |
| Turmeric, Ginger, Lemon                              |             | <b>Cup</b> |
|  |             | \$ 8       |
| <b>Cafe Daily Soup</b>                               | <b>Bowl</b> | \$ 8       |
| Seasonal Preparation                                 |             | <b>Cup</b> |
|  |             | \$ 15      |
| <b>Seasonal Lettuces</b>                             |             | \$ 12      |
| Local lettuce - seasonal vegetables - EVO & Saba     |             |            |
| <b>Kale - Pear Salad</b>                             |             | \$ 13      |
| Walnuts, gorgonzola, fennel, pomegranate vinaigrette |             |            |
| <b>Grains and Super Greens</b>                       |             | \$ 14      |
| Quinoa-Kale-Veg-Nuts-Dried Fruit-Feta                |             |            |

## SIDES

|                              |      |
|------------------------------|------|
| <b>Fresh Fruit</b>           | \$ 8 |
| <b>Side Salad</b>            | \$ 5 |
| <b>Cole Slaw</b>             | \$ 5 |
| <b>Simply Fried Potatoes</b> | \$ 5 |
| <b>San Juan Rice</b>         | \$ 5 |
| <b>Tostones</b>              | \$ 5 |
| <b>Potatoes Bravas</b>       | \$ 5 |

## LUNCH

|   |       |  |       |
|---|-------|--|-------|
| <b>Cured Sandwich</b>                           | \$ 14 | <b>Exchange Cafe Burger</b>                              | \$ 14 |
| Mortadella, Salami, Ham, Provolone, Greens EVO  |       | 8 oz. Roseda Beef, Greens, Tomato, Onion, Pickle, Cheese |       |
| <b>Va. Ham Biscuit</b>                          | \$ 12 | <b>Garden Sandwich</b>                                   | \$ 10 |
| Rosemary Ham, Fig Mustard, Freshy Baked Biscuit |       | Hummus, Greens, Cucumber, Tomato, Onion, herb Dressing   |       |
| <b>Chicken Salad Coissant</b>                   | \$ 10 | <b>Cafe Fried Chicken Sandwich</b>                       | \$ 12 |
| Traditional Chicken Salad                       |       | Ames Hot Honey, Pickles, Cole Slaw                       |       |

